



## HAWAII NIGHTS ON THE PATIO

Summer is a great time to relax at sunset!

So every Friday and Saturday night we will be open on the patio from 9 pm till midnight serving up special drinks and foods cooked on the BBQ. So after a long hot day come by relax enjoy the cool evening air and have some good food and drinks.

### It's \$2.00 TUESDAYS at Plum Delicious



On Tuesdays from 11am ~ 8pm  
When you buy 1 Menu Entrée & 2 drinks  
You will GET a second entrée (of equal or lesser value)  
For Just **\$2.00**



### FREE Birthday Cake



My wife (Anita) has her birthday on August 6th. When I asked her what she wanted she said...

“nothing” (first time ever). So since I will be saving some money here, I decided to pass that savings on to you.

Come on in on August 6th from 3~8pm and if you bring in a piece of paper with the words

**“Happy Birthday  
Anita”**



We will give you a FREE slice of birthday cake!

**SOLAR ECLIPSE. Aug. 1.** A total eclipse of the sun will be visible on this day in the Northeast, as well as in Europe and Asia. This is the second and last solar eclipse for the year. The first occurred on Feb. 7 and was an annular eclipse, meaning the sun appeared as a halo around the moon.

**\$8.99**

### Burger and a Beer on Fridays

Join us Fridays & try one of our 10oz hand press burgers and a beer of your choice from 11-4pm. Great chance to try the new bud with lime



## Poll to Predict The Presidential Election Results Of 2008

*Who do you think will win the 2008 election? That's the question*

### Predicting the Presidential election results with Dried Pasta?

Local independent restaurants across America are banding together to use the "fork over your vote" poll to accurately predict how the Presidential election will turn out for John McCain and Barack Obama. It's sure to be accurate, as participants of all ages will be given the opportunity to cast their Dried Pasta. Interested in your kids learning more about how their opinion counts? They'll be able to cast their opinion too!

**We will offer Dried Pasta to each guest at the end of their meal, then cast your Pasta vote for the most likely to win candidate.**

The Pasta is tallied every week and reported on the

**FORKOVERYOURVOTE.COM**

This poll has never been wrong before, in 2004 patrons accurately predicted George W. Bush would win the Presidential Election.

Everyone is welcome! Stay tuned for updates - **the Pasta will be flying!**



# The Secret to a Perfect Summer Party

There is no easier way to have a Summer Party than to have **Plum Delicious** Cater it!

- Sport Team Wind-ups**
- Company Parties**
- Family Reunions**
- Anniversaries and Birthdays**

## Top 5 Reasons to Choose Us:

1. You won't have to set-up, cook or clean-up. Just enjoy the party.
2. We'll offer you an opportunity to taste the menu prior to booking the party.
3. We guarantee that we won't run out of food, or you will not pay a dime for our services.
4. The cost can be as little as \$8.50 per meal.
5. We'll let you take all the credit and offer you a thank-you of a **FREE** brunch for two just as a token of our appreciation.

Just dial 425-255-8510 and ask to speak to GARY or 425-652-6714



## Taking Vacations May Prolong Your Life

Recent research indicates that taking vacations may prolong your life. Researchers Brooks B. Gump, Ph.D., and Karen Matthews, Ph.D., studied more than 12,000 men at high risk for coronary heart disease over a nine-year period. Those who took regular annual vacations had a lower risk of death -- even when the researchers took into account such variables as their social and economic status. In addition to reducing stress, Gump and Matthews suggest that vacations give people the opportunity to interact with friends and family and to exercise, both of which contributes to good health.

"Time is free, but it's priceless. You can't own it, but you can use it. You can't keep it, but you can spend it. Once you've lost it you can never get it back."

—Harvey Mackay

### Match the Mascot

Do you know which product or company is associated with each of these mascots?

1. Elsie the Cow \_\_\_\_\_
2. Tony the Tiger \_\_\_\_\_
3. Snuggle Bear \_\_\_\_\_
4. Nipper the Dog \_\_\_\_\_
5. Mr. Peanut \_\_\_\_\_
6. Poppin' Fresh Doughboy \_\_\_\_\_

- A. Unilever's fabric softener
- B. RCA's electronic equipment
- C. Planter's nuts
- D. Bordon's dairy products
- E. Pillsbury's baked goods
- F. Kellogg's Frosted Flakes



### FREE DINNER!

Each month we'll give you a new trivia question. Bring in your entry, or fill one out while you are here. The first one drawn at the end of the month with the correct answers will win a **FREE** Dinner valued up to \$12.00. Here is this month's trivia question:

**In what year did David Evans Strickler invent the banana-based triple ice cream sundae?**

- A. 1889
- B. 1925
- C. 1918
- D. 1904
- E. 1900



The first 10 people to answer correctly will be in the draw to WIN!

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Birthday: \_\_\_\_\_

My answer: \_\_\_\_\_

### Lunch for Two for \$12.88 on Friendship Wednesdays!

Bring a friend and join us for lunch. We are celebrating National Friendship Day every Wednesday in August with our Two for \$12.88 lunch specials which include an lunch entrée, drink & dessert! **AND**

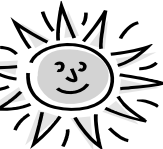
On that day, If your friend joins our VIP Royalty Rewards Program we will give you a **FREE** appetizer to share! (up to a \$6.99 value).

New members only, One discount/coupon per table. Not valid with any other offers.

## August Poem

The quiet August noon has come;  
A slumberous silence fills the sky,  
The fields are still, the woods are dumb,  
In glassy sleep the waters lie. -William Cullen Bryant

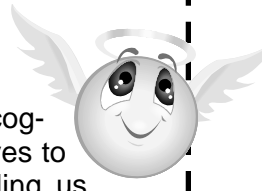
## 6 Ways to Ease Sunburn



Even though they take precautions, many people will suffer at least one sunburn each summer, says Dr. Dee Anna Glaser, associate professor of dermatology at the St. Louis University School of Medicine. "They forget to reapply sun-block after swimming or they miss spots or they stayed outside longer than expected. A sunburn can be a painful reminder." **To ease a burn, she recommends:**

- ◆ Get out of the sun immediately and stay out of direct sunlight until your skin has recovered -- typically a few weeks.
- ◆ Take aspirin or ibuprofen to lessen the pain and inflammation.
- ◆ Drink extra water to re-hydrate and replace lost fluid.
- ◆ Take a cool bath or shower to unclog pores and let them breathe as much as possible.
- ◆ Don't use bubble bath or heavy perfumed cleaners and don't scrub your skin, which will only further irritate it.
- ◆ Don't pick off peeling skin because this could result in infections.

Since August 22nd is Be an Angel Day!  
We thought we would celebrate it by  
giving a **FREE Lunch** for  
**Being An Angel!**



Every good deed deserves to be recognized. If there is someone who deserves to be noticed, fill out the form below telling us why they are deserving. We'll send them a certificate for a **FREE Lunch**.

Angel: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Their Birthday: \_\_\_\_\_




They are an angel because:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Endorsed by: (print) \_\_\_\_\_

This certificate expires: August 31, 2008

## August Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS	2 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS
3 Friendship Day 	4	5 Neil Armstrong's Birthday \$ 2.00 TUESDAY'S	6 <b>Anita's Birthday FREE Cake!</b>	7 BBQ ON THE PATIO 5-8PM	8 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS	9 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS
10 orange/ cranberry mimosa's \$4.00	11 Play in the Sand Day 	12 \$ 2.00 TUESDAY'S	13 Left Handers' Day	14 BBQ ON THE PATIO 5-8PM	15 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS	16 Joke Day PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS
17	18	19 National Potato Day \$ 2.00 TUESDAY'S	20	21 BBQ ON THE PATIO 5-8PM	22 <b>Be an Angel Day</b> PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS	23 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS
24	25 National Banana Split Day 	26 \$ 2.00 TUESDAY'S	27	28 <b>Dream Day</b> BBQ ON THE PATIO 5-8PM	29 PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS	30 National Toasted Marshmallow Day PATIO BBQ 9PM ~12AM SPECIAL FOOD AND DRINKS
31						



3212 NE Sunset Blvd  
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www.plumdelicious.net

POSTMASTER PLEASE DELIVER  
BETWEEN JULY 27 ~ AUGUST 1



**Do You Know  
an Angel?**  
  
see details inside

\*\*\*\*\*  
\*  
\* As of July 13, you have accumulated    '    points, and you are ONLY    points    \*  
\* away from earning a **FREE** reward certificate!    \*  
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**WHAT'S INSIDE...**

**\$2.00 Tuesdays**

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**Come Have Cake ... It's Anita's Birthday**

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**, Help Predict the Next President**

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**Burger & a Beer... Fridays... \$8.99**

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**, Join Us for Hawaiian Nights on The Patio?**

\*

**Lunch for 2 for \$12.88**

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**You Could be the Winner of a FREE Dinner**